



UK NUTRITIONAL & ALLERGEN GUIDE

April 2025

<u>Item</u>		<u>Nutrition Info</u>																	<u>Contains These Allergens</u>							<u>May Contain These Allergens</u>											
Item Name	Serving Size	Wgt (g) per serving	Kj (kj) per 100g	Kj (kj) per serving	Cals (kcal) per 100g	Cals (kcal) per serving	Fat (g) per 100g	Fat (g) per serving	SatFat (g) per 100g	SatFat (g) per serving	Carb (g) per 100g	Carb (g) per serving	Sugar (g) per 100g	Sugar (g) per serving	Prot (g) per 100g	Prot (g) per serving	Salt (g) per 100g	Salt (g) per serving	Celery	Mustard	Egg	Milk	Soy	Wheat	Tree Nuts	Hazelnuts	Almond	Mustard	Celery / Celeriac	Milk	Egg	Cashew	Mustard	Peanut	Soy	Tree Nuts	
HAM & MUSHROOM 12in (UK)	Whole Pizza	734	857	6292	200	1500	7	54	3	22	25	182	2	13	9	66	1	9				X	X	X							X					X	
HAM & MUSHROOM 14in (UK)	Whole Pizza	999	855	8541	200	2040	8	76	3	31	24	241	2	17	9	91	1	12				X	X	X						X					X		
HAM & MUSHROOM 17in (UK)	Whole Pizza	1478	864	12764	210	3050	8	112	3	47	25	364	2	26	9	136	1	18				X	X	X						X					X		
MEAT FEAST 12in (UK)	Whole Pizza	699	977	6831	230	1630	9	65	4	29	27	188	2	14	10	69	1	10				X	X	X						X					X		
MEAT FEAST 14in (UK)	Whole Pizza	950	988	9379	240	2240	10	93	5	42	26	249	2	19	10	96	1	14				X	X	X						X					X		
MEAT FEAST 17in (UK)	Whole Pizza	1389	985	13688	240	3270	9	132	4	59	27	373	2	27	10	139	1	19				X	X	X						X					X		
Cheese Pizza 12in	Whole Pizza	600.0	977.6	5865.7	230.0	1400.0	8.0	50.0	4.0	24.0	28.8	172.7	2.0	12.0	10.0	60.0	1.3	7.6				X		X						X					X		
Cheese Pizza 14in	Whole Pizza	800.0	978.5	7827.6	230.0	1870.0	8.0	68.0	4.0	32.0	28.6	228.8	2.0	16.0	10.0	81.0	1.3	10.1				X		X						X					X		
Cheese Pizza 17in	1 Slice, 1/6 Pizza	206.0	980.6	2020.0	230.0	480.0	8.0	17.0	4.0	8.0	28.9	59.5	2.0	4.0	10.0	21.0	1.3	2.6				X		X						X					X		
Pulled Chicken & Pepperoni Pizza 17"	Whole 17" Pizza	1558.0	893.7	13924.5	212.6	3311.9	8.2	127.4	3.5	54.3	24.7	385.2	1.7	26.6	9.8	152.0	1.4	21.9		X		X	X	X						X							
Pulled Chicken & Pepperoni Pizza 14"	Whole 14" Pizza	1059.0	890.1	9425.7	212.7	2252.4	8.6	91.0	3.8	40.4	23.6	249.4	1.7	18.2	10.1	106.8	1.4	14.6		X		X	X	X						X							
Pulled Chicken & Pepperoni Pizza 12"	Whole 12" Pizza	782.0	897.8	7020.5	214.4	1676.3	8.5	66.4	3.8	29.9	24.0	188.0	1.7	13.6	10.1	78.7	1.3	10.4		X		X	X	X						X							
Pulled Chicken & Pepperoni Slice	Whole Slice	259.7	893.7	2320.7	212.6	552.0	8.2	21.2	3.5	9.1	24.7	64.2	1.7	4.4	9.8	25.3	1.4	3.6		X		X	X	X						x							
Veggie Volcano 12in	Whole Pizza	677.0	907.9	5453.1	218.2	1298.2	6.3	43.3	2.4	17.9	30.4	171.6	6.5	19.5	7.8	50.8	1.7	7.7				X		X						X					X		
Veggie Volcano 14in	Whole Pizza	960.0	873.6	7698.5	209.2	1866.0	4.2	64.5	2.0	26.2	32.5	241.0	8.1	27.0	7.2	73.1	2.2	10.1				X		X						X					X		
Veggie Volcano 17in	Whole pizza	275.0	792.0	13303.8	188.6	3176.0	2.0	110.5	1.7	48.2	32.7	410.8	8.1	42.0	6.7	126.1	1.5	17.4				X		X						X					X		
Veggie Volcano Slice	Slice	45.8	132.0	2217.3	31.4	529.3	0.3	18.4	0.3	8.0	5.5	68.5	1.3	7.0	1.1	21.0	0.3	2.9				X		X						X					X		
Pepperoni 12in	Whole Pizza	666.0	1085.1	7226.6	260.0	1730.0	12.0	80.0	5.0	35.0	26.7	177.8	2.0	13.0	10.0	70.0	1.6	10.8		X		X	X	X						X					X		
Pepperoni 14in	Whole Pizza	930.0	1085.8	10098.0	260.0	2410.0	12.0	112.0	5.0	50.0	26.5	246.7	2.0	18.0	11.0	98.0	1.6	15.0		X		X	X	X						X					X		
Pepperoni 17in	1 Slice, 1/6 Pizza	248.0	1089.1	2700.9	260.0	650.0	12.0	30.0	5.0	13.0	26.7	66.2	2.0	5.0	11.0	26.0	1.6	4.0		X		X	X	X						X					X		
BBQ Chicken 12in	Whole Pizza	676.0	984.0	6653.0	235.0	1590.0	6.0	42.0	2.0	19.0	33.0	228.0	8.0	57.0	10.0	67.0	1.0	8.0	X			X		X						X					X		

BBQ Chicken 14in	Whole Pizza	970.0	986.0	9565.0	236.0	2290.0	6.0	61.0	2.0	28.0	33.0	327.0	8.0	83.0	10.0	97.0	1.0	12.0	X			X		X							X				X
BBQ Chicken 17in	1 Slice, 1/6 Pizza	281.0	976.0	2745.0	235.0	660.0	6.0	17.0	2.0	7.0	34.0	96.0	8.0	24.0	10.0	27.0	1.0	3.0	X			X		X						X				X	
Firecracker 12in	Whole Pizza	632.0	888.7	5616.8	210.0	1327.2	7.0	44.2	3.0	19.0	27.1	171.3	2.0	12.6	10.0	63.2	1.3	8.3				X		X					X				X		
Firecracker 14in	Whole Pizza	861.0	888.1	7646.4	210.0	1808.1	7.0	60.3	3.0	25.8	26.9	232.0	2.0	17.2	10.0	86.1	1.3	11.5				X		X					X				X		
Firecracker 17in	1 Slice, 1/6 Pizza	214.0	889.2	1902.9	210.0	449.4	7.0	15.0	3.0	6.4	27.0	57.9	2.0	4.3	10.0	21.4	1.4	2.9				X		X					X				X		
Firecracker 17in	1 Slice, 1/6 Pizza	214.0	889.2	1902.9	210.0	449.4	7.0	15.0	3.0	6.4	27.0	57.9	2.0	4.3	10.0	21.4	1.4	2.9				X		X					X				X		
Cheeseburger (Classic, Spicy, BBQ) 12in	Whole Pizza	829.0	1029.8	8537.3	250.0	2072.5	12.0	99.5	4.0	33.2	25.6	212.2	4.0	33.2	9.0	74.6	1.4	11.4	X	X	X	X		X					X				X		
Cheeseburger (Classic, Spicy, BBQ) 14in	Whole Pizza	1015.0	1036.4	10519.0	250.0	2537.5	12.0	121.8	4.0	40.6	25.8	261.8	4.0	40.6	9.0	91.4	1.4	13.8	X	X	X	X		X					X				X		
Cheeseburger (Classic, Spicy, BBQ) 17in	1 Slice, 1/6 Pizza	246.0	1047.7	2577.3	250.0	615.0	12.0	29.5	4.0	9.8	26.1	64.2	4.0	9.8	9.0	22.1	1.4	3.3	X	X	X	X		X					X				X		
SBARRO - Festive Pizza 12in (UK)	Whole Pizza	752	843.94	6346.63	200	1520	6	47	3	21	24.86	186.96	2	16	11	80	1.19	8.98				X		X					X				X		
SBARRO - Festive Pizza 14in (UK)	Whole Pizza	999	845.92	8453.68	200	2020	6	64	3	28	24.77	247.57	2	21	11	106	1.2	11.95				X		X					X				X		
SBARRO - Festive Pizza 17in (UK)	Whole Pizza	1504	847.5	12744.8	200	3050	6	96	3	42	24.84	373.56	2	32	11	161	1.2	17.98				X		X					X				X		
SBARRO - Festive Pizza Slice (UK)	Slice	251	847.5	2124.13	200	510	6	16	3	7	24.84	62.26	2	5	11	27	1.2	3				X		X					X				X		
Breadstick	1 Breadstick	66.0	1302.8	859.8	310.0	210.0	10.0	7.0	5.0	3.0	45.8	30.2	1.0	1.0	8.0	5.0	1.5	1.0				X		X					X				X		
Stuffed Sausage Pepperoni	1 Slice, 1/8 Pizza	351.0	1152.2	4044.1	280.0	970.0	13.0	45.0	5.0	17.0	29.4	103.0	1.0	5.0	10.0	37.0	1.5	5.4		X	X	X	X	X									X		
Spinach & Ricotta Stromboli	1 Stromboli	288.0	1061.4	3056.8	252.3	726.7	11.5	33.2	4.8	13.7	26.5	76.2	1.7	4.9	9.9	28.4	1.0	3.0				X	X	X	X								X		
Ham & Cheese Stromboli	1 Stromboli	288.0	1046.2	3012.9	248.7	716.2	10.7	30.8	4.0	11.4	25.9	74.7	1.4	4.0	12.0	34.7	1.4	4.0				X	X	X	X								X		
Chicken & Cheese Stromboli	1 Stromboli	288.0	1051.2	3027.4	249.9	719.7	10.4	29.9	3.8	11.1	26.3	75.7	1.2	3.5	13.1	37.6	1.3	3.7				X	X	X	X								X		
Pepperoni & Cheese Stromboli	1 Stromboli	288.0	1305.4	3759.4	310.7	894.7	17.3	49.9	6.9	19.8	26.3	75.7	1.2	3.4	10.2	29.3	1.7	5.0		X	X	X	X	X									X		
Sbarro - Classic Lemonade Cooler	16oz	455.0	703.0	351.5	168.0	84.0	0.0	0.0	0.0	0.0	37.8	18.9	37.7	18.9	0.0	0.0	0.3	0.1																	
Sbarro - Dragon & Passion Fruit Cooler	16oz	455.0	585.0	292.5	137.0	68.5	0.0	0.0	0.0	0.0	33.0	16.5	32.0	16.0	0.0	0.0	0.3	0.1																	
Ham, Egg & Cheese Strombolini	1 Strombolini	233.7	1042.1	3001.3	248.0	714.2	11.4	32.7	4.0	11.4	25.8	74.2	1.1	3.2	10.6	30.6	1.1	3.2				X	X		X								X		
Sausage, Egg & Cheese Strombolini	1 Strombolini	258.7	1164.1	3352.6	277.2	798.2	13.8	39.6	5.1	14.6	27.2	78.4	1.2	3.6	11.5	33.0	1.2	3.6				X	X		X								X		
Breakfast pizza 17"	17" Pizza	1638.0	4942.9	14235.6	1175.7	3386.1	46.0	132.5	19.4	56.0	128.2	369.2	9.5	27.4	59.0	169.8	6.6	19.0				X	X		X								X		
Breakfast pizza Slice	Pizza Slice	273.0	823.8	2372.6	196.0	564.3	7.7	22.1	3.2	9.3	21.4	61.5	1.6	4.6	9.8	28.3	1.1	3.2				X	X		X								X		
Breakfast pizza 14"	14" Pizza	1050.0	1319.9	3801.4	741.6	2135.9	28.9	83.3	11.7	33.7	82.0	236.1	6.2	17.8	22.8	104.4	3.8	11.8				X	X		X								X		



UK INGREDIENT GUIDE

APRIL 2025

Item	Ingredients
Item Name	Ingredients
HAM & MUSHROOM PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE) (WHEAT), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES) (MILK), WATER, HALAL TURKEY HAM [61%], WATER, SALT, STABILISERS [E407, E450, E451], MODIFIED STARCH, DEXTROSE, ANTIOXIDANT [E301], PRESERVATIVE [E250], SMOKE FLAVOURING), SLICED MUSHROOMS (MUSHROOMS, WATER, ACIDITY REGULATOR: CITRIC ACID, ANTIOXIDANT: ASCORBIC ACID), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), OLIVE OIL, SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GRATED HARD CHEESE (MILK, SALT, RENNIN. PRESERVATIVE: LYSOZYME FROM EGG) (EGG, MILK), CANE SUGAR, PARSLEY, GARLIC, DRIED OREGANO, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), RED PEPPER FLAKES. Turkey (63%), Water, MILK protein, Salt, Modified starch, Dextrose, Stabilisers (E450, E451, E407), White Pepper, Antioxidant (E301), Preservative (E250). Reformed from cuts of Turkey meat with added water.
MEAT FEAST PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE) (WHEAT), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES) (MILK), WATER, SPICY BEEF (BEEF [60%], BEEF FAT, WATER, BREADRUSK [WHEAT FLOUR, SALT], SALT, GRANULATED SUGAR, GROUND BLACK PEPPER, STABILISER [E451], CHILLI POWDER, MALT BARLEY EXTRACT, CAYENNE CHILLI POWDER, ONION POWDER) (WHEAT), PEPPERONI (BEEF [94%], BEEF FAT, SOYA PROTEIN, SALT, MUSTARD POWDER, DEXTROSE, SUNFLOWER OIL, SPICE EXTRACTS, COLOUR [E160C], ANTIOXIDANT [E301], PRESERVATIVE [E250]) (MUSTARD, SOY) Turkey (63%), Water, MILK protein, Salt, Modified starch, Dextrose, Stabilisers (E450, E451, E407), White Pepper, Antioxidant (E301), Preservative (E250). Reformed from cuts of Turkey meat with added water.
CHEESE PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), WATER, REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GRATED HARD CHEESE (MILK, SALT, RENNIN. PRESERVATIVE: LYSOZYME FROM EGG), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), DRIED OREGANO.
PULLED CHICKEN & PEPPERONI PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), WATER, REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), GRATED HARD CHEESE (MILK, SALT, RENNIN. PRESERVATIVE: LYSOZYME FROM EGG), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), DRIED OREGANO, DICED PEPPERONI (BEEF [94%], BEEF FAT, SOYA PROTEIN, SALT, MUSTARD POWDER, DEXTROSE, SUNFLOWER OIL, SPICE EXTRACTS, COLOUR: E160c, ANTIOXIDANT), PULLED CHICKEN (HALAL CHICKEN [91%], WATER, POTATO STARCH, SALT, DEXTROSE, NATURAL FLAVOURING, CRUSHED CHILLIES, DRIED OREGANO, GROUND PAPRIKA, GARLIC, SOYABEAN OIL, ANTIFOAMING AGENT: E900), JALAPEÑO PEPPERS (JALAPEÑO PEPPERS, WATER, SALT, SPIRIT VINEGAR, ACETIC ACID, FIRMING AGENT: CALCIUM CHLORIDE, PRESERVATIVE: POTASSIUM SORBATE, COLOUR: RIBOFLAVIN), SWEETCORN (SWEETCORN)
VEGGIE VOLCANO PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), WATER, TOMATOES, RED ONION, CORN, SLICED MUSHROOMS (MUSHROOMS, WATER, ACIDITY REGULATOR: CITRIC ACID, ANTIOXIDANT: ASCORBIC ACID), GREEN BELL PEPPER, RED BELL PEPPER, REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GRATED HARD CHEESE (MILK, SALT, RENNIN. PRESERVATIVE: LYSOZYME FROM EGG), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), GARLIC, DRIED OREGANO, RED PEPPER FLAKES. LION HABANERO HOT SAUCE [Water, Glucose-Fructose Syrup, Red Habanero Mash (10%) (Red Habanero Chilli Pepper, Salt, Acidity Regulator (Acetic Acid)), White Wine Vinegar, Spirit Vinegar, Rapeseed Oil, Tomato Paste, Dried Onion, Stabiliser (Xanthan Gum), Preservative (Potassium Sorbate), Salt, Acidity Regulator (Citric Acid), Dried Garlic.] JALAPENOS (Water, Jalapeno Peppers, Salt, Spirit Vinegar, Acetic Acid, Firming Agent: Calcium Chloride; Preservative: Potassium Sorbate; Colour: Riboflavin.)
PEPPERONI PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), WATER, PEPPERONI (BEEF [94%], BEEF FAT, SOYA PROTEIN, SALT, MUSTARD POWDER, DEXTROSE, SUNFLOWER OIL, SPICE EXTRACTS, COLOUR [E160C], ANTIOXIDANT [E301], PRESERVATIVE [E250]), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GRATED HARD CHEESE (MILK, SALT, RENNIN. PRESERVATIVE: LYSOZYME FROM EGG), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), DRIED OREGANO.
BBQ CHICKEN PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), BBQ SAUCE (WATER, SUGAR, SPIRIT VINEGAR, TOMATO PASTE, GLUCOSE-FRUCTOSE SYRUP, MODIFIED STARCH, SALT, APPLE JUICE CONCENTRATE, CARAMELISED SUGAR SYRUP, ACIDITY REGULATOR [ACETIC ACID, CITRIC ACID]), PRESERVATIVE [POTASSIUM SORBATE], STABILISER [XANTHAN GUM], SMOKE FLAVOURINGS, DRIED ONION, DRIED GARLIC, PAPRIKA, BLACK PEPPER, CAYENNE PEPPER), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), WATER, TIKKA CHICKEN (Chicken (89%), Water, Tikka Seasoning (4%) (Spices, Yoghurt Powder (MILK), Garlic Powder, Dextrose, Yeast Extract, Preservative (Sodium MetabisULPHITE), Acidity Regulator (E330), Colour (E160a), Rapeseed Oil, MILK Protein, Spice Extracts), Modified Starch, Stabilisers (E450, E451), CORN, RED ONION, REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), CANE SUGAR, PARSLEY, NATURAL YEAST (WITH REHYDRATING AGENT [E491]).
FIRECRACKER PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), WATER, ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), HALAL CHICKEN TIKKA (CHICKEN [89%], WATER, TIKKA SEASONING [4%] [SPICES, YOGHURT POWDER (MILK), GARLIC POWDER, DEXTROSE, YEAST EXTRACT, PRESERVATIVE (SODIUM METABISULPHITE), ACIDITY REGULATOR (E330), COLOUR (E160A), RAPESEED OIL, MILK PROTEIN, SPICE EXTRACTS], MODIFIED STARCH, STABILISERS [E450, E451]), HABANERO HOT SAUCE (WATER, GLUCOSE-FRUCTOSE SYRUP, RED HABANERO MASH [10%] [RED HABANERO CHILLI PEPPER, SALT, ACIDITY REGULATOR (ACETIC ACID)]), WHITE WINE VINEGAR, SPIRIT VINEGAR, RAPESEED OIL, TOMATO PASTE, DRIED ONION, STABILISER [XANTHAN GUM], PRESERVATIVE [POTASSIUM SORBATE], SALT, ACIDITY REGULATOR [CITRIC ACID], DRIED GARLIC, GREEN BELL PEPPER, RED BELL PEPPER, RED ONION, JALAPENOS (SLICED JALAPENO PEPPER, WATER, SALT, ACETIC ACID [E 260], CITRIC ACID [E 330], CALCIUM CHLORIDE [E 509], POTASSIUM SORBATE [E202], RIBOFLAVIN [E101]), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), RED PEPPER FLAKES.
CHEESEBURGER PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), WATER, BURGER SAUCE (WATER, RAPESEED OIL, SUGAR, TOMATO KETCHUP [7%] [TOMATOES, WATER, SUGAR, MODIFIED MAIZE STARCH, SALT, ACETIC ACID, SPICE EXTRACT, CARAMEL COLOUR, PRESERVATIVE: POTASSIUM SORBATE, WITH SWEETENERS, ASPARTAME, CONTAINS A SOURCE OF PHENYLALANINE, SACCHARIN], SALT, PRESERVATIVE: ACETIC ACID, EGG YOLK POWDER [PASTEURISED EGG YOLK POWDER, SALT, MALTODEXTRIN], STABILISERS: MODIFIED MAIZE STARCH, XANTHAN GUM, DILL FLAVOURING, [NATURAL FLAVOURING SUBSTANCES, MALTODEXTRIN (MAIZE), DEXTROSE (MAIZE), GUM ARABIC/ACACIA GUM, COCONUT OIL, MALTODEXTRIN (POTATO), SILICON DIOXIDE], PRESERVATIVE: POTASSIUM SORBATE, FLAVOURINGS: ONION POWDER, MUSTARD FLAVOUR, CARAMEL SYRUP, PAPRIKA POWDER, COLOUR: PAPRIKA EXTRACT), HALAL SPICY BEEF (BEEF [60%], BEEF FAT, WATER, BREADRUSK [WHEAT FLOUR, SALT], SALT, GRANULATED SUGAR, GROUND BLACK PEPPER, STABILISER [E451], CHILLI POWDER, MALT BARLEY EXTRACT, CAYENNE CHILLI POWDER, ONION POWDER), DILLCHIPS (FRESH GHERKINS, WATER, VINEGAR, SALT, SUGAR, CALCIUM CHLORIDE, DILL SPICE AROMATIC - GHERKINOL, RIBOFLAVINE COLOUR [E101], SACHARINE [E954]), RED ONION, HALAL BEEF BACON (HALAL BEEF, WATER, SALT, POTATO STARCH, SMOKE FLAVOURINGS, STABILISER [E451], BLACK PEPPER, ANTIOXIDANT [E301], PRESERVATIVE [E250]), MUSTARD (WATER, SUGAR, MODIFIED STARCH, MUSTARD [3%], ACID: ACETIC ACID, SALT, TURMERIC, PRESERVATIVE [POTASSIUM SORBATE], SWEETENER [SUCRALOSE]), TOMATO KETCHUP (WATER, TOMATO CONCENTRATE, SUGAR, MODIFIED STARCH, ACID: ACETIC ACID, SALT, ACID: CITRIC ACID, PRESERVATIVE [POTASSIUM SORBATE], COLOUR [E150D], RAPESEED OIL, SWEETENER [SUCRALOSE], NATURAL FLAVOURINGS), CRISPY FRIED ONIONS (ONIONS, SEGREGATED PALM OIL (RSPO CERTIFIED), WHEAT FLOUR, SALT), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), GREEN BELL PEPPER, RED BELL PEPPER, SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]).
FESTIVE PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE) (WHEAT), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES) (MILK), WATER, PULLED CHICKEN (HALAL CHICKEN (91%), WATER, POTATO STARCH, SALT, DEXTROSE, NATURAL FLAVOURING), RED ONION, TURKEY (TURKEY [63%], WATER, MILK PROTEIN, SALT, MODIFIED STARCH, DEXTROSE, STABILISERS [E450, E451, E407], WHITE PEPPER, ANTIOXIDANT [E301], PRESERVATIVE [E250]). REFORMED FROM CUTS OF TURKEY MEAT WITH ADDED WATER) (MILK), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), CANE SUGAR, ONION POWDER, SAGE, NATURAL YEAST (WITH REHYDRATING AGENT [E491]).
Sbarro - Classic Lemonade Cooler	Water, sugar, acid: citric acid, natural flavouring, concentrated lemon juice, natural lemon-lime flavouring with other natural flavourings, emulsifiers: acacia gum, E445, sweetener: steviol glycosides, preservative: potassium sorbate. Lemon juice: 7%
Sbarro - Dragon & Passion Fruit Cooler	Water, Sugar, Acid: Citric acid, Concentrated lemon juice, Clouding agent (Emulsifiers (Gum Arabic, Glycerol ester of wood rosin), Natural flavouring), Natural flavouring, Concentrate (Sweet potato, Carrot), Sweetener: Sucralose, Preservative: E202.
Monin Caramel Coffee syrup	Sugar, water, natural flavouring, acid: citric acid, colour: E150a

MONIN HAZELNUT COFFEESYRUP	Sugar, water, natural HAZELNUT flavouring with other natural flavourings, acid: citric acid, natural flavouring, colour: E150a. ContainsHAZELNUT extract
Monin Vanilla Coffee syrup	Sugar, water, natural vanilla flavouring, acid: citric acid, natural flavouring
Ham, Egg & Cheese Stromboli	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), WATER, REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), DRIED OREGANO. (Turkey Ham) Turkey (63%), Water, MILK protein, Salt, Modified starch, Dextrose, Stabilisers (E450, E451, E407), White Pepper, Antioxidant (E301), Preservative (E250). Reformed from cuts of Turkey meat with added water. (Garlic Butter) (MILK) (Minimum 80% Fat), Salt (1.5%), Salt, Black Pepper, Minced Garlic. (Scrambled Egg) Whole pasteurised liquid free range EGG, Salt, Black pepper, Salted Butter.
Sausage, Egg & Cheese Stromboli	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), WATER, REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), DRIED OREGANO. (Spicy Beef) Beef (60%), Beef fat, Water, Breadrusk [WHEAT flour (Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Salt, Granulated Sugar, Ground Black pepper, Stabiliser (E451), Chilli Powder, Malt BARLEY extract, Cayenne Chilli Powder, Onion Powder. (Garlic Butter) (MILK) (Minimum 80% Fat), Salt (1.5%), Salt, Black Pepper, Minced Garlic. (Scrambled Egg) Whole pasteurised liquid free range EGG, Salt, Black pepper, Salted Butter.
BREAKFAST PIZZA	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), WATER, REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), CANE SUGAR, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), DRIED OREGANO. (Spicy Beef) Beef (60%), Beef fat, Water, Breadrusk [WHEAT flour (Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Salt, Granulated Sugar, Ground Black pepper, Stabiliser (E451), Chilli Powder, Malt BARLEY extract, Cayenne Chilli Powder, Onion Powder. (Garlic Butter) (MILK) (Minimum 80% Fat), Salt (1.5%), Salt, Black Pepper, Minced Garlic. (Scrambled Egg) Whole pasteurised liquid free range EGG, Salt, Black pepper, Salted Butter. (Turkey Ham) Turkey (63%), Water, MILK protein, Salt, Modified starch, Dextrose, Stabilisers (E450, E451, E407), White Pepper, Antioxidant (E301), Preservative (E250). Reformed from cuts of Turkey meat with added water.
Hashbrown	Potatoes (91%), Palm Oil, Salt, Onion Powder, Stabilisers, Hydroxypropylmethylcellulose, Diphosphates, Spices
Latte	Medium Roast Coffee Beans, Milk
Cappuccino	Medium Roast Coffee Beans, Milk
White Americano	Medium Roast Coffee Beans, Milk
Black Americano	Medium Roast Coffee Beans
Flat white	Medium Roast Coffee Beans, Milk
Hot Chocolate	Sugar, Fat Reduced Cocoa (Cocoa Solids (25%) Minimum, Cocoa Butter (2.5%)), Anti-Caking Agent (Silicon Dioxide). Cream (95%) (from MILK), Sugar (5%), Emulsifier (Mono- And Diglycerides Of Fatty Acids), Stabiliser (Carrageenan), Propellent Gas (Nitrous Oxide).
GARLIC BREADSTICK	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WATER, SALTED BUTTER (BUTTER [MILK], SALT [1.7%]), GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GRANULATED GARLIC, CANE SUGAR, DRIED OREGANO, SALT, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), BLACK PEPPER.
STUFFED SAUSAGE & PEPPERONI	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WATER, SPICY BEEF (BEEF [60%], BEEF FAT, WATER, BREADRUSK [WHEAT FLOUR, SALT], SALT, GRANULATED SUGAR, GROUND BLACK PEPPER, STABILISER [E451], CHILLI POWDER, MALT BARLEY EXTRACT, CAYENNE CHILLI POWDER, ONION POWDER), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), ITALIAN PIZZA SAUCE (TOMATOES [88%], TOMATO PASTE [7%], SUNFLOWER OIL, SALT, SUGAR, GARLIC PURÉE, ACIDITY REGULATOR: CITRIC ACID, DRIED OREGANO, CHILLI FLAVOURING, WHITE PEPPER POWDER), PEPPERONI (BEEF [94%], BEEF FAT, SOYA PROTEIN, SALT, MUSTARD POWDER, DEXTROSE, SUNFLOWER OIL, SPICE EXTRACTS, COLOUR [E160C], ANTIOXIDANT [E301], PRESERVATIVE [E250]), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), OLIVE OIL, GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), GARLIC, CANE SUGAR, DRIED OREGANO, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), PARSLEY, WHOLE EGG.
PEPPERONI STROMBOLI	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WATER, MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), PEPPERONI (BEEF [94%], BEEF FAT, SOYA PROTEIN, SALT, MUSTARD POWDER, DEXTROSE, SUNFLOWER OIL, SPICE EXTRACTS, COLOUR [E160C], ANTIOXIDANT [E301], PRESERVATIVE [E250]), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), OLIVE OIL, GARLIC, SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), CANE SUGAR, WHOLE EGG, NATURAL YEAST (WITH REHYDRATING AGENT [E491]).
SPINACH & RICOTTA STROMBOLI	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WATER, MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES) SOYABEAN Oil, Antifoaming Agent: E900., Whole pasteurised liquid free range EGG, Washed spinach leaf, Pasteurised whey (MILK), acidity regulators: citric acid, lactic acid. Contains MILK, Dehydrated Minced Garlic, Vegetarian Hard Cheese (MILK), Preservative: Lysozyme (EGG). Made with unpasteurised and pasteurised cow's milk
HAME & CHEESE STROMBOLI	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WATER, MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), Turkey (63%), Water, MILK protein, Salt, Modified starch, Dextrose, Stabilisers (E450, E451, E407), White Pepper, Antioxidant (E301), Preservative (E250). Reformed from cuts of Turkey meat with added water. SOYABEAN Oil, Antifoaming Agent: E900. Whole pasteurised liquid free range EGG. Vegetarian Hard Cheese (MILK), Preservative: Lysozyme (EGG). Made with unpasteurised and pasteurised cow's milk
CHICKEN & CHEESE STROMBOLI	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WATER, TIKKA CHICKEN (Chicken (89%), Water, Tikka Seasoning (4%) (Spices, Yoghurt Powder (MILK), Garlic Powder, Dextrose, Yeast Extract, Preservative (Sodium MetabiSULPHITE), Acidity Regulator (E330), Colour (E160a), Rapeseed Oil, MILK Protein, Spice Extracts), Modified Starch, Stabilisers (E450, E451), GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), OLIVE OIL, GARLIC, SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), CANE SUGAR, WHOLE EGG, NATURAL YEAST (WITH REHYDRATING AGENT [E491]).
CHEESY BREAD	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WATER, MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), SALTED BUTTER (BUTTER [MILK], SALT [1.7%]), GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), DRIED OREGANO, GRANULATED GARLIC, CANE SUGAR, SALT, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), BLACK PEPPER.
CHEESY GARLIC BREADSTICKS	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE), WATER, MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES), SALTED BUTTER (BUTTER [MILK], SALT [1.7%]), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), GRATED HARD CHEESE (MILK, SALT, RENNET. PRESERVATIVE: LYSOZYME FROM EGG), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), CANE SUGAR, GRANULATED GARLIC, DRIED OREGANO, SALT, NATURAL YEAST (WITH REHYDRATING AGENT [E491]), BLACK PEPPER.
CINNAMON BREADSTICK	FORTIFIED WHEAT FLOUR (WHEAT FLOUR, CALCIUM CARBONATE, IRON, NIACIN, THIAMINE) (WHEAT), WATER, ICING SUGAR (SUGAR [97%], MAIZE STARCH), SALTED BUTTER (BUTTER [MILK], SALT [1.7%]) (MILK), REFINED RAPESEED OIL (WITH ANTIFOAMING AGENT: DIMETHYL POLYSILOXANE), SALT (WITH ANTI-CAKING AGENT: SODIUM FERROCYANIDE), CANE SUGAR, CINNAMON, NATURAL YEAST (WITH REHYDRATING AGENT [E491]).
POTATO WEDGES (MCCAIN)	Potatoes (88%), Batter (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), WHEAT Starch, Salt, Garlic Powder, Flavouring, Onion Extract, Tomato Powder, Spice (Red Pepper), Colour (Paprika Extract)), Vegetable Oils (Rapeseed, Sunflower) - in varying proportions
SBARRO - Breaded Mozzarella sticks (UK)	Mozzarella Cheese (MILK) (40%) (Contains Stabiliser (Methyl Cellulose)), Batter (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Modified Maize Starch, Salt, Maize Flour, Raising Agents (Diphosphate, Sodium Carbonate), Yeast), Breadcrumbs (WHEAT Flour (with Calcium, Iron, Niacin, Thiamin), Salt, Yeast, Rapeseed Oil, Emulsifier (Mono- and Diacetyl Tartaric Acid Esters of Mono and Diglycerides of Fatty Acids), Flour Treatment Agent (Ascorbic Acid)), Vegetable Oils (Rapeseed, Sunflower) - in varying proportions, Parsley
SBARRO - Halal Chicken Nuggets, 4 portion (UK)	Chicken Breast Meat (57%), WHEAT flour, Maize Flour, Breadcrumbs (WHEAT Flour, Salt), Modified Starch: E1420, WHEAT Semolina, WHEAT Starch, Raising Agents: E341, E450(i), E500(ii), Salt, Pepper, Sugar, Dextrose, Pepper Extract, CELERY, Flavouring, Anti-caking Agent: E551, Bamboo Fibre, Yeast Extract, Sunflower Oil..
SBARRO - Halal Chicken Nuggets, 6 portion (UK)	Chicken Breast Meat (57%), WHEAT flour, Maize Flour, Breadcrumbs (WHEAT Flour, Salt), Modified Starch: E1420, WHEAT Semolina, WHEAT Starch, Raising Agents: E341, E450(i), E500(ii), Salt, Pepper, Sugar, Dextrose, Pepper Extract, CELERY, Flavouring, Anti-caking Agent: E551, Bamboo Fibre, Yeast Extract, Sunflower Oil..
SBARRO - Hot & Kickin' Chicken Wings (UK)	73% chicken wing, WHEAT flour, vegetable oil (sunflower & rapeseed), modified starch (WHEAT), salt, maize flour, sea salt, natural flavouring, glucose syrup, yeast extract, spices, colour : paprika extract, rosemary extract

SBARRO - Chicken Strips (UK)	Chicken Breast (63%), Water, WHEAT Flour, Breadcrumbs (WHEAT Flour, Salt, Yeast), Modified Tapioca Starch, Palm Oil, Maize Starch, Salt, Spices (contains CELERY), WHEAT Gluten, Raising Agents (Diphosphates, Sodium Carbonates), Stabilisers (Triphosphates), Spice Extracts (Pepper, CELERY, Paprika), Vegetable Powders (Garlic, Onion), Yeast Extract, Dextrose
SBARRO - Chips (UK)	Potatoes (92%), Sunflower Oil, Modified Potato Starch, Rice Flour, Maltodextrin, Salt, Raising Agents: Disodium Phosphate, Sodium Bicarbonate; Potato Dextrin, Thickener: Xanthan Gum; Colours: Turmeric Extract, Paprika Extract.
Loaded Fries - Cheese	Potatoes (92%), Sunflower Oil, Modified Potato Starch, Rice Flour, Maltodextrin, Salt, Raising Agents: Disodium Phosphate, Sodium Bicarbonate; Potato Dextrin, Thickener: Xanthan Gum; Colours: Turmeric Extract, Paprika Extract. MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES).
Loaded Fries - Chicken Tikka	Potatoes (92%), Sunflower Oil, Modified Potato Starch, Rice Flour, Maltodextrin, Salt, Raising Agents: Disodium Phosphate, Sodium Bicarbonate; Potato Dextrin, Thickener: Xanthan Gum; Colours: Turmeric Extract, Paprika Extract. MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES). Chicken (89%), Water, Tikka Seasoning (4%) (Spices, Yoghurt Powder (MILK), Garlic Powder, Dextrose, Yeast Extract, Preservative (Sodium MetabisULPHITE), Acidity Regulator (E330), Colour (E160a), Rapeseed Oil, MILK Protein, Spice Extracts), Modified Starch, Salt, Stabilisers (E450, E451).
Loaded Fries - Diced Pepperoni	Potatoes (92%), Sunflower Oil, Modified Potato Starch, Rice Flour, Maltodextrin, Salt, Raising Agents: Disodium Phosphate, Sodium Bicarbonate; Potato Dextrin, Thickener: Xanthan Gum; Colours: Turmeric Extract, Paprika Extract. MOZZARELLA CHEESE (MILK, SALT, STARTER CULTURES). Beef (94%), Beef Fat, SOYA Protein, Salt, MUSTARD Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (E160c), Antioxidant (E301), Preservative (E250)
Chicken Tikka Salad (No Sauce)	Leaf salad Mix (Batavia 40%Frisee 30%RedOakleaf 15%LolloRosso 10%RedChard 5%), Sweetcorn, Peppers, Red Onion. (SBARRO CHICKEN) Chicken (89%), Water, Tikka Seasoning (4%) (Spices, Yoghurt Powder (MILK), Garlic Powder, Dextrose, Yeast Extract, Preservative (Sodium MetabisULPHITE), Acidity Regulator (E330), Colour (E160a), Rapeseed Oil, MILK Protein, Spice Extracts), Modified Starch, Salt, Stabilisers (E450, E451).
Diced Beef Peperoni Salad (No Sauce)	Leaf salad Mix (Batavia 40%Frisee 30%RedOakleaf 15%LolloRosso 10%RedChard 5%), Sweetcorn, Peppers, Red Onion. (SBARRO DICED PEPPERONI)Beef (94%), Beef Fat, SOYA Protein, Salt, MUSTARD Powder, Dextrose, Sunflower Oil, Spice Extracts, Colour (E160c), Antioxidant (E301), Preservative (E250)
Spicy Beef Sausage Salad (No Sauce)	Leaf salad Mix (Batavia 40%Frisee 30%RedOakleaf 15%LolloRosso 10%RedChard 5%), Sweetcorn, Peppers, Red Onion. (SBARRO BEEF SAUSAGE)Beef (60%), Beef fat, Water, Breadrsk [WHEAT flour (Calcium Carbonate, Iron, Niacin, Thiamin), Salt], Salt, Granulated Sugar, Ground Black pepper, Stabiliser (E451), Chilli Powder, Malt BARLEY extract, Cayenne Chilli Powder, Onion Powder
Turkey Ham Salad (No Sauce)	Leaf salad Mix (Batavia 40%Frisee 30%RedOakleaf 15%LolloRosso 10%RedChard 5%), Sweetcorn, Peppers, Red Onion. (SBARRO TURKEY HAM)Turkey (63%), Water, MILK protein, Salt, Modified starch, Dextrose, Stabilisers (E450, E451, E407), White Pepper, Antioxidant (E301), Preservative (E250). Reformed from cuts of Turkey meat with added water.
Cheese Salad (No Sauce)	Leaf salad Mix (Batavia 40%Frisee 30%RedOakleaf 15%LolloRosso 10%RedChard 5%), Sweetcorn, Peppers, Red Onion. Mozzarella (Standardised Curd (Pasteurised Milk, Salt, Starter cultures, Salt)).
Side Salad	Leaf salad Mix (Batavia 40%Frisee 30%RedOakleaf 15%LolloRosso 10%RedChard 5%), Sweetcorn, Peppers, Red Onion.
Caesar Dressing	Rapeseed Oil, Water, Caesar Dressing Premix (Spirit Vinegar, Water, Garlic Puree (Water, Dried Garlic, Acidity Regulator (Citric Acid))), Medium Fat Hard Cheese (MILK) (contains Preservative (Lysozyme (from EGG)), Salt, Concentrated Lemon Juice, Dried Garlic, Dried Onion, Stabiliser (Xanthan Gum)), Sugar, Pasteurised EGG Yolk, Worcester Sauce (Water, Malt Vinegar (BARLEY), Sugar, Molasses, Salt, SOY Sauce (Water, SOYA Beans, WHEAT, Salt), Tamarin Concentrate, Onion Powder, Concentrated Lemon Juice, Ground White Pepper, Ground Chillies, Garlic Powder, Ground Ginger, Ground Cloves, Acidity Regulator (Acetic Acid), Malt Extract (BARLEY)), Salt, Cracked Black Pepper, Preservative (Potassium Sorbate), Stabiliser (Xanthan Gum), Natural Flavouring (contains MILK).
Balsamic Vinegar Glaze	Balsamic Vinegar of Modena 70% (wine vinegar, concentrated grape must, contains SULPHITES), concentrated grape must, modified starch thickener. Contains SULPHITES.
SBARRO - Cookie Dough - Milk Chocolate (UK)	Fortified WHEAT Flour (WHEAT Flour, Calcium carbonate, Iron, Niacin, Thiamin), sugar, Milk Chocolate(18%) (Sugar, Whole MILK Powder, Cocoa Butter, Cocoa Mass, Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Margarine (Palm Oil, Rapeseed Oil, Water, Coconut Oil, Emulsifier: Mono- And Diglycerides Of Fatty Acids; Natural Flavouring), Water, Maltodextrin, Palm Oil, Rapeseed Oil, Butterfat (MILK), Whey Powder (MILK), Stabiliser: Glycerol; Invert Sugar Syrup, Molasses, Raising Agent: Sodium Carbonates, Diphosphates.
SBARRO - Cookie Dough - White Chocolate (UK)	Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, White Chocolate Chunks(18%) (Sugar, Cocoa Butter, Whole MILK Powder, Whey Powder (MILK), Lactose (MILK), Milk Fat (MILK), Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Margarine (Palm Oil, Rapeseed Oil, Water, Coconut Oil, Emulsifier: Mono- And Diglycerides Of Fatty Acids; Natural Flavouring), Water, Maltodextrin, Palm Oil, Rapeseed Oil, Butterfat (MILK), Whey powder (MILK), Humectant: Glycerol; Invert Sugar Syrup, Molasses, Raising agent: Sodium Carbonates, Diphosphates.
SBARRO - Salted Caramel Cookie Dough & Ice Cream (UK)	VANILLA ICE CREAM (WATER, SUGAR, CLOTTED CREAM [15%] [MILK], BUTTERMILK POWDER, UNSALTED BUTTER [MILK], EMULSIFIER & STABILISER BLEND [EMULSIFIER: MONO- AND DI-GLYCERIDES OF FATTY ACIDS, STABILISERS: LOCUST BEAN GUM, GUAR GUM, CARRAGEENAN], NATURAL VANILLA FLAVOURING [0.1%], COLOURS: CURCUMIN, ANNATTO NORBIXIN) (MILK), WHITE CHOCOLATE CHIP COOKIE DOUGH Wheat Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Sugar, White Chocolate Chunks(18%) (Sugar, Cocoa Butter, Whole MILK Powder, Whey Powder (MILK), Lactose (MILK), Milk Fat (MILK), Emulsifier: SOYA Lecithin; Natural Vanilla Flavouring), Margarine (Palm Oil, Rapeseed Oil, Water, Coconut Oil, Emulsifier: Mono- And Diglycerides Of Fatty Acids; Natural Flavouring), Water, Maltodextrin, Palm Oil; Rapeseed Oil, Butterfat (MILK), Humectant: Glycerol; Invert Sugar Syrup, Molasses, Raising agent: Sodium Carbonates, Diphosphates.
Ice Cream	[FRESH CREAM [39%], CONDENSED SKIMMED MILK, SUGAR, EGG YOLK, VANILLA EXTRACT]
Pre-Packaged Sbarro Chocolate Chip Cookie	WHEAT flour (with calcium, iron, niacin, thiamine), MILK Chocolate Chunks (19.8%) [sugar, whole MILK powder, cocoa butter, cocoa mass, emulsifier, SOYA lecithin, natural vanilla flavouring], Sugar, Vegetable oils (palm, rapeseed), Water, Demerara sugar (sugar, cane molasses), Glycerine [Humectant (E422)], Golden syrup [Invert sugar syrup (Hydrochloric Acid (E507) and Sodium Carbonate (E500)), whole MILK powder, Whey powder (MILK), Whole EGG powder, Dextrose, Salt, Dextrose monohydrate, Vanilla flavouring, Glucose, Raising agent [Sodium bicarbonate E500, E400], Buttermilk (MILK), Natural butter flavouring, Toffee flavouring, Caramel flavour (E150a), Emulsifier (Polyglycerol Esters of Fatty Acids), Colours (E100, Annatto Bixin), Butter type flavourings
Garlic and Herb - Silbury	GARLIC AND HERB DRESSING (RAPESEED OIL, WATER, SPIRIT VINEGAR, SUGAR, SALT, MODIFIED STARCH, DRIED GARLIC [0.3%], STABILISER [XANTHAN GUM], PRESERVATIVE [POTASSIUM SORBATE], PARSLEY [0.3%]).
Heinz Classic BBQ Sauce Dip Pots	Tomato Puree 29% spirit vinegar, sugar, molasses, water, modified starch, salt, spices, garlic, thickener (xanthan gum), smoke flavouring, flavouring.
Heinz Tomato Ketchup Dip Pots	Tomatoes (148g per 100g tomato ketchup), vinegar, sugar, salt, spice and herb extracts (contain CELERY), spice.
Heinz Mayonnaise Dip Pots	Rapeseed oil, water, spirit vinegar, Free Range EGG yolk, sugar, salt, stabilisers (xanthan gum, guar gum), MUSTARD seeds, spices, antioxidant (calcium disodium EDTA)
Dip Pot - Deluxe BBQ Sauce	Sugar, Water, Tomato, Molasses, Spirit Vinegar, Salt, Thickener (Modified Starch), Herbs, MUSTARD, Preservative (Potassium Sorbate), Spices, Smoke Flavouring, Acidity Regulator (Citric Acid), Smoke Water, Onion, Garlic, Flavouring
Dip Pot - Ketchup With a Kick of Chilli	Water, Tomato, Sugar, Spirit Vinegar, Cayenne Chilli (5%), Thickener (Modified Starch), Salt, Garlic Powder, Spices, Onion Powder, MUSTARD Seeds
Dip Pot - Spicy Fried Chicken Sauce	Rapeseed Oil, Water, Sugar, Onions, Tomatoes, Spirit Vinegar, Pasteurised EGG Yolk, Salt, Spices, Acidity Regulator (Lactic Acid), Preservative (Potassium Sorbate), Stabilisers (Xanthan Gum, Guar Gum), Colours (Lutein, Paprika Extract), Smoke Water
Dip Pot - Garlic & Herb	Rapeseed Oil, Water, Spirit Vinegar, Pasteurised EGG Yolk, Sugar, Salt, Lemon Juice from Concentrate, Garlic 0.6%, ButterMILK Powder (MILK), Acidity Regulator (Lactic Acid), Stabilisers (Xanthan Gum), Herbs 0.2%, Preservative (Potassium Sorbate), Flavouring, MUSTARD Seeds
Dip Pot - Sweet Chilli Sauce	Water, Sugar, Thickener (Modified Starch), Chilli Flakes 2%, Acidity Regulator (Acetic Acid), Salt, Garlic, Colour (Paprika Extract), Spices, Preservatives (Potassium Sorbate, Sodium Benzoate), Sweetener (Sucralose)
Dip Pot - Perinnaise	Water, Rapeseed Oil, Spirit Vinegar, Cayenne Pepper, Sugar, Salt, Thickener (Modified Starch), Lemon Juice from Concentrate, Pasteurised EGG Yolk, Garlic, Spices, Mango Puree, Acidity Regulator (Citric Acid, Lactic Acid), Stabiliser (Xanthan Gum, Guar Gum), Onion, Preservatives (Potassium Sorbate, Sodium Benzoate), Herbs, Flavouring, Colour (Beta Carotene)
Sticky BBQ - Silbury	BBQ SAUCE (WATER, SUGAR, SPIRIT VINEGAR, TOMATO PASTE, GLUCOSE-FRUCTOSE SYRUP, MODIFIED STARCH, SALT, APPLE JUICE CONCENTRATE, CARAMELISED SUGAR SYRUP, ACIDITY REGULATOR [ACETIC ACID, CITRIC ACID], PRESERVATIVE [POTASSIUM SORBATE], STABILISER [XANTHAN GUM], SMOKE FLAVOURINGS, DRIED ONION, DRIED GARLIC, PAPRIKA, BLACK PEPPER, CAYENNE PEPPER).
Pepsi Max Cherry	PEPSI MAX CHERRY (CARBONATED WATER, COLOUR [CARAMEL E150D], SWEETENERS [ASPARTAME, ACESULFAME K], FLAVOURINGS [INCLUDING CAFFEINE], ACIDS [PHOSPHORIC ACID, CITRIC ACID], PRESERVATIVE [POTASSIUM SORBATE], CONTAINS A SOURCE OF PHENYLALANINE).
Pepsi Regular	Carbonated Water, Sugar, Colour (E150d), Acid (Phosphoric Acid), Flavourings (including Caffeine), Sweeteners (Acesulfame K, Sucralose)
Pepsi Max	PEPSI MAX (CARBONATED WATER, COLOUR [CARAMEL E150D], SWEETENERS [ASPARTAME, ACESULFAME K], ACIDS [PHOSPHORIC ACID, CITRIC ACID], FLAVOURINGS [INCLUDING CAFFEINE], PRESERVATIVE [SODIUM BENZOATE], ACIDITY REGULATOR [SODIUM CITRATE], CONTAINS A SOURCE OF PHENYLALANINE).
Tango	TANGO ORANGE (CARBONATED WATER, ORANGE FRUIT FROM CONCENTRATE [5%], SUGAR, ACIDS [CITRIC ACID, MALIC ACID], NATURAL ORANGE FLAVOURING, ACIDITY REGULATOR [SODIUM CITRATE], SWEETENERS [ASPARTAME, SACCHARIN], PRESERVATIVE [POTASSIUM SORBATE], ANTIOXIDANT [ASCORBIC ACID], STABILISER [PECTIN], NATURAL COLOUR [CAROTENE], EMULSIFIERS [ACACIA GUM, GLYCEROL ESTERS OF WOOD ROSINS], CONTAINS A SOURCE OF PHENYLALANINE).

Diet Pepsi	DIET PEPSI (CARBONATED WATER, COLOUR [CARAMEL E150D], ACIDS [PHOSPHORIC ACID, CITRIC ACID], FLAVOURINGS [INCLUDING CAFFEINE], SWEETENERS [ASPARTAME, ACESULFAME K], ACIDITY REGULATOR [SODIUM CITRATE], PRESERVATIVE [SODIUM BENZOATE]. CONTAINS A SOURCE OF PHENYLALANINE).
7Up	7UP (CARBONATED WATER, SUGAR, ACIDS [CITRIC ACID, MALIC ACID], NATURAL LEMON AND LIME FLAVOURING WITH OTHER NATURAL FLAVOURINGS, ACIDITY REGULATOR [SODIUM CITRATE], SWEETENER [STEVIOLE GLYCOSIDES]).
Water	WATER.
Fruitshoot Orange	Water, Orange Juice from Concentrate (12%), Acid (Citric Acid), Carrot and Apple Concentrates, Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Sweeteners (Sucralose, Acesulfame K), Natural Flavouring
Fruitshoot Apple & Blackcurrant	Water, Fruit Juices from Concentrate (Apple 6%, Blackcurrant 2%, Plum), Acid (Citric Acid), Natural Colour (Anthocyanins), Natural Flavouring, Acidity Regulator (Sodium Citrate), Preservatives (Potassium Sorbate), Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Vitamins (Niacin, B6, Biotin).
Robinsons Blueberry & Blackberry	Water, Fruit Juices from Concentrate (Apple 16%, Blackberry 1%, Blueberry 1%), Acid (Citric Acid), Natural Blueberry Flavouring with other Natural Flavourings, Carrot and Blueberry Concentrate, Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame K, Sucralose), Stabiliser (Cellulose Gum).
Robinsons - Orange and Mango	"Water, Fruit Juices from Concentrate (Apple 16%, Orange 1%, Mango 1%), Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Antioxidant (Ascorbic Acid), Carrot and Apple Concentrate, Natural Orange Flavouring with other Natural Flavourings, Stabiliser (Cellulose Gum), Sweeteners (Acesulfame K, Sucralose), Natural Colour (Carotenes)"
Robinsons Peach & Mango	Water, Fruit Juices from Concentrate (Peach 6%, Mango 3%), Acid (Citric Acid), Natural Peach Flavouring with other Natural Flavourings, Antioxidant (Ascorbic Acid), Acidity Regulator (Sodium Citrate), Natural Colour (Carotenes), Carrot and Apple Concentrate, Sweeteners (Sucralose, Acesulfame K), Stabiliser (Cellulose Gum).